

HAVE YOU GOT THE POWER?

Exclusive By Jane Simon 15/11/2004

K ELLY Brook's new boyfriend Billy Zane boasts that he's able to make contact with people on the other side of the world during out-of-body experiences.

Kylie Minogue claims that she is often visited by the spirit of her dead ex-lover Michael Hutchence. And actress Sharon Stone started dating film producer Bill McDonald after a psychic told her they had been together in a previous life.

But you don't have to be a celebrity to believe in the paranormal. A recent MORI poll showed that an astonishing seven out of 10 of us are convinced that psychic powers, telepathy and communicating with the dead are all possible.

And three out of 10 of us think that near-death experiences prove there really is an after-life.

Half of women questioned have visited a psychic and a quarter of them say they changed their lives as a result.

Talk of such things as extra-sensory perception and a sixth sense is nothing new. For thousands of years mankind has suspected we possess powers beyond our knowledge.

And it's not just professional mediums and psychics who seem to have special abilities.

Many ordinary people can point to at least one spooky incident in their lives that can't be explained by logic or coincidence. This week The Daily Mirror will show you how you can develop your own psychic powers.

Medium Craig Hamilton-Parker runs a psychic training school featured in the recent TV series Talking To The Dead.

He says: "I think everybody has natural psychic abilities which would have been a part of a survival function before we developed language.

"Some people have simply developed those skills more than others."

Are YOU one of them?

Answer our simple questionnaire and do the following experiments to find out how psychic you really are.

PART A: Do you have a sixth sense?

1. Before you answer a ringing phone do you...

- A) Never think about who it may be?
- B) Often make a guess at who's calling?
- C) Sometimes know exactly who it is, even if they're calling out of the blue?

2. When you're angry or upset at work do you...

- A) Get on with the task at hand and moan to your colleagues?
- B) Notice that machinery around you breaks down occasionally?
- C) Often find that photocopiers jam and computers crash?

3. If lost while driving in a strange town do you...

- A) Immediately stop the car and consult a map?
- B) Drive in what you guess is the right general direction?
- C) Follow your instincts and get straight to the address?

4. Are you a person who...

- A) Prefers their own company?
- B) Has a few close friends?
- C) Is the life and soul of the party?

5. When things go wrong do you...

- A) Become withdrawn or depressed?
- B) Remain anxious but hopeful?
- C) Brush off your troubles and maintain a high level of optimism?

6. When playing games involving chance do you...

- A) Usually lose?
- B) Find that you're quite lucky?
- C) Enjoy taking risks and feel that you influence the dice in your favour?

7. When you meet someone for the first time do you...

- A) Reserve judgment about them?
- B) Guess what they are really like?
- C) Form an immediate assessment of their personality?

8. If you have a problem to solve are you...

- A) Logical and systematic in your thinking?
- B) Good at having innovative ideas?

- C) Extremely creative and artistic?
9. With new-born babies do you...
- A) Leave the care to someone else?
- B) Wake up automatically just before they need feeding?
- C) Know when a baby is upset even when you're not with them?
10. Have you ever known before being told that a member of your immediate family or a close friend was in serious trouble or ill?
- A) Never.
- B) Once or twice.
- C) A few times.
11. When you sleep do you...
- A) Never remember your dreams?
- B) Dream in colour?
- C) Occasionally dream of events before they happen?
12. What's your opinion of ESP?
- A) You think it's all a lot of nonsense.
- B) You're not sure whether it exists, but you're keeping an open mind.
- C) You believe it exists.
13. When you look at clouds do you...
- A) Hope it doesn't rain?
- B) See the shapes of faces?
- C) See a multitude of changing pictures?
14. When you have to make a difficult decision do you...
- A) Analyse the problem logically?
- B) Ask all your friends what they think you should do?
- C) Go with your gut instinct?
15. When you play the Lottery do you...
- A) Use the same numbers every week?
- B) Get a Lucky Dip when you've got a hunch you might win?
- C) Choose different numbers every week based on instinct?
16. How often do you win something on the Lottery?
- A) Never
- B) One or two small £10 wins
- C) One or two substantial wins and lots of small ones
17. Do you think you have a guardian angel?
- A) No. I don't believe in Father Christmas either.
- B) Perhaps - they're a nice idea.
- C) Yes, I've avoided accidents more than once because of a voice telling me to get out of danger

Score: 0 points for A), 1 point for B), 2 points for C).

PART B: Try this practical test of your abilities

1. Psychokinesis

TEAR a piece of paper about an inch square and float it in the middle of a large bowl of water.

Try to use the power of your mind to move the paper towards the front of the bowl.

Now see if you can make it move to the back of the bowl, to the left and then to the right.

Score two points for each direction you can make the paper move in. (Maximum score eight points).

2. Pendulum power

MAKE a pendulum by dangling a ring through a piece of cotton and tying the ends.

Pendulums can give you yes or no answers, but first you have to see which way yours swings.

Hold the pendulum over a cup and ask it: "Is this a cup?" Note how the pendulum moves - whether it spins or moves from side to side, this is your "yes".

Then ask it: Is this cup a helicopter? See how the pendulum swings. This is your "no".

You can now ask the pendulum questions.

Ask a partner to hide a coin under one of three identical cups without you seeing.

Hold your pendulum over each cup in turn and ask: "Is the coin under this cup?"

Try a run of 10 tests and score two points for every time you get a "yes" over the coin-concealing cup. (Maximum score 10 points).

3. Precognition

VISUALISE a coin being tossed five times and write down how you see that coin falling each time - for example heads, heads, tails, heads, tails).

Now actually toss a 2p coin five times and see how many results match your predictions.

Score 2 points for each correct answer. (Maximum score 10 points)

4. Clairvoyance

THINK of a car. Visualise its colour. What make is it? In which direction is it travelling? Is the driver a man or a woman? Are there any passengers in the car?

Does this car have any other distinctive features?

Now look out of your window, or walk outside. If a car matching this description drives past you in the next five minutes score one point for every detail you got right. (Maximum score 5 points).

5. Telepathy 1

GET a partner to sit in another room with a pack of playing cards. Ask them to select 10 cards and turn them over one at a time.

Every time they turn over a card, they should ring a bell or tap a glass with a fork.

Ask them mentally to project a picture of the card to you while you try to receive the image they're sending. Every time you hear the bell write down which card you think it is.

Score one point for each correct suit and one point for each correct number or picture. (Maximum score 20 points).

6. Clairaudience 1

WRITE down the first word you will hear spoken in tonight's episode of Coronation Street.

Score 10 points for a correct answer.

7. Clairaudience 2

BEFORE you turn on the radio try to guess what the first song you hear will be.

Score five points for a correct answer.

8. Telepathy 2

THINK of a friend you haven't spoken to for a while. Can you make them phone you, just by thinking about them? Score five points if you get a call before 10pm tonight. Score three points for an email or text.

9. Telepathy 3

IF you're on a bus or train today or in a queue at the shops, see if you can make the person in front of you turn around just by using the power of your mind. Score two points if they do.

10. Pet Power

IF you have a pet cat or dog, go and sit in another room and try to call them to you using your psychic energy. Score two points if they come to you within five minutes.

11. Psychometry

AT work, ask a colleague - preferably someone you don't know very well - to let you hold their car keys or mobile phone. Describe the images that come into your head about that person.

Score one point for everything you describe that they recognise. (Maximum score 10 points).

12. Telepathy 4

DRAW the following shapes on to pieces of paper: circle, square, triangle, five pointed star, two parallel waves.

Send a partner into the next room and try to send those images to your partner and get them to draw what shapes they see. Then swap roles.

Score a point for every correct symbol you get right and a point for every correct symbol your partner gets right. (Maximum score 10 points).

13. Psychokinesis

TAKE a dice and before you throw it decide which number you would like it to land on.

Throw the dice 10 times and use the power of your mind to make it land on your chosen number. Throw the dice 10 times - trying to land on the same number each time.

Score two points for every successful throw. (Maximum score 10 points).

Test the nation

NOW you've discovered your own psychic powers you can help us investigate just how telepathic the whole country is.

We want you to take part in the Daily Mirror's nationwide psychic experiment.

To get involved, first study the four images, printed right, very carefully.

One of them has been placed in an envelope and locked securely inside our editor's office, but can you use your psychic powers to see which one it is? To record your answer, simply dial or text to the phone line printed next to the image you feel is the one.

We'll reveal the answer in tomorrow's Daily Mirror.

Taking part in our experiment will cost you 25p per call (the ROI PRN/Tariff is 33c per call), and text messages cost 25p per txt (Republic of Ireland e2).

HOUSECall 0901 383 4431 (ROI 1530 500 551) or text HOUSE to 84080 (ROI 57788)

TRIANGLECall 0901 383 4432 (ROI 1530 500 552) or text TRIANGLE to 84080 (ROI 57788)

TREECall 0901 383 4433 (ROI 1530 500 553) or text TREE to 84080 (ROI 57788)

MOONCall 0901 383 4434 (ROI 1530 500 554) or text MOON to 84080 (ROI 57788)

Check your score..

SO, do you have the talent to become a professional psychic or is your third eye destined to be forever closed?

Over 80 You have very well-developed psychic powers. Trust your extraordinary abilities...

60 - 79 Your psychic skills are above average and you should continue to develop your talents

40 - 59 You have average psychic ability. It could be improved if you practice and listen to your instincts

20 - 49 You're probably very skilled in other areas of your life which require rigid, logical thinking. You don't have much patience for things you can't see, hear, or hold in your hands.

Less than 20 Can you guess what this score means? You're not psychic at all - or your cynicism may be affecting your score.

Tomorrow

Hone your sixth sense at the school for psychics

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